

Turner Senior Resource Center 2401 Plymouth Road Ann Arbor, MI 48105 (734) 998-9353

Mindfulness-Based Chronic Pain Care

(group therapy for age 60 plus)

8 Fridays, March 6 – April 24, 2020 1:30-4:00 pm

Eight-session evidence-based practice to reduce pain-related stress and restore well-being.



(covered by Medicare and most insurance)

Call Mariko Foulk, LMSW, for more information & schedule the initial interview at (734)763-4965.